

Pass Interference Fouls and Categories

Defensive Pass Interference: DPI

- 1. Contact not playing the ball**
Look for the DB to be in "chase mode". When they are beat they cheat
- 2. Playing through the WR back**
Restrictive contact before the ball arrives.
Key question: Can you see the numbers on the WR back. If not the DB is playing through the back to make a play on the ball
- 3. Grab and restrict**
Restrictive grab before the ball arrives
- 4. Arm bar**
DB arm will be across the WR body thus restricting his ability to catch the ball
- 5. Cutoff**
DB will establish position but will slow down or cut off the WR path to the ball
- 6. Hook and turn**
DB will hook the WR around the waist/shoulder and turn the WR away from the ball preventing his ability to catch the ball

NOT DPI

1. Incidental contact
2. Inadvertent tangling of the feet
3. Laying a hand on a receiver that does not restrict their ability to catch the ball
4. Defender gains position

Offensive Pass Interference: OPI

- 1. Blocking downfield**
Block must occur beyond the LOS and the pass must go beyond the LOS
If the pass is behind the LOS and the block is beyond LOS there is no foul
- 2. Initiating contact and creating separation**
This action will almost always occur at the top of the WR route as they are making their break
- 3. Driving through a defender who has established position on the field**
- 4. Picking off a defender who is attempting to cover a receiver**

Not OPI:

1. Incidental Contact
2. Inadvertent tangling of the feet

Tangled Feet

1. Offense and Defense looking at the ball-----→ NO FOUL
2. Offense looking and Defense not-----→ FOUL
3. Both Not Looking-----→ NO FOUL

Defensive Holding

See the hold, Look back at QB if the ball is still in their hand you have holding. If they have released the ball you have Pass Interference