

Sunshine Football Officials Association, Inc.

Rookie Prep

Things you need to know

- Sunshine Football Official Association
 - www.sunshineofficials.com
- Level 2 Background Check
 - Jessica Lundsford Act
 - www.sunshineofficials.com/jla
- Arbiter Sports
 - www.arbitersports.com
- Registration
 - SFOA July
 - FHSAA July

Uniform & Equipment

- **Always**

- Black and white short sleeved shirt (2” stripes Varsity 1” stripes sub-varsity). (Referee may call for long sleeves). **Entire crew must be uniform.** FHSAA emblem on shirt. Do not wear the FHSAA emblem for any non-FHSAA games (Jr. High, Semi-Pro, Youth, etc.)
- Black leather belt, at least 1 inch wide
- Black Socks
- Black football shoes with black shoe strings (no white showing)
- Sized hats. Adjustable and mesh hats are not permitted.

- **Varsity Games**

- Black Slacks with White Stripe

- **Sub Varsity Games**

- Black shorts & black socks

Uniform & Equipment

- Flags - carry 2, gold/yellow
- Whistle - finger or on a lanyard
- Bean bag - carry 1, white or blue crew has same color – BJ carry two 1 white and 1 blue
- Down indicator - carry at least 1
- Game card with pencil
- Timing device for Back Judges and ECOs
- A device with a countdown timer is preferred
- Linesman's disk - All wing officials.
- Black towel - Umpire should have a solid black towel



FHSAA Approved Uniform Suppliers

Beginning May 1, 2018

Purchase Officials Supply

www.purchaseofficials.com

Gerry Davis Sports

www.gerrydavis.com

1 Stop Sports

www.1stopsportsshop.com

Hudson 51 Wear

www.hudson51wear.com

References

Honig's Whistle Stop

www.honigs.com

Ump-Attire

www.ump-attire.com

Referee Magazine

www.referee.com

National Association of Sports Officials

www.naso.org

National Federation of High Schools

www.nfhs.org

Continuously Review Mechanics & Rules

- Review the Mechanics for the position you're about to work.
 - » Kick-off
 - » Scrimmage Plays
 - Running
 - Passing
 - » Scrimmage Kicks
 - » Goal Line Play
 - » Penalty Reporting and Administration
 - » Line to Gain Measurements
 - » Time-Outs

Continuously Review Mechanics & Rules

- Study **Rule 2** “Definitions of Playing Terms”
- Study **Rule 7** “Snapping, Handing and Passing the Ball”
 - » Encroachment, Snap Infraction, False Start, Illegal Procedure or Formation, Illegal Numbering, Illegal Shift, Illegal Motion, Illegal Handing, Illegal Forward Pass, Intentional Grounding, Pass Interference, Ineligible Downfield, Illegal Touching
- Study **Rule 9** “Conduct of Players and Others”
 - » Illegal Use of the Hands, Interlocked Blocking, Holding, Blocking Below the Waist, Blocking after fair-catch signal, Blocking Kicker or Holder, Clipping, Chop Block, Tripping, Fighting, Personal Foul, Face Masking, Illegal Helmet Contact, Roughing the Passer, Running into or Roughing the Kicker/Holder, Roughing the Snapper, Slapping the Blockers Head, UnSportsmanlike Conduct, Illegal Participation, Illegal Kicking or Batting

2 to 3 Days Before

Check-In with Referee

- Obtain Directions to the Game Field
- Discuss Parking Accommodations
- Confirm Uniform
- Discuss Dressing Accommodations
- Confirm Arrival Time
- Confirm Your Position
- Inquire about Special Instructions

The Night Before

Pack Your Bag

- Pack your own bag
- Get to Sleep Early

Game Day

Game Day

- Be Conscientious of what you Eat
- Drink Water Avoid Caffeine
- Be on Time
- Have Fun

The Day After

Review Yourself

- Make notes of your thoughts
- Identify what you felt you did correctly and areas you need to concentrate on
- Use these notes for the basis of your next weeks review
- Repeat Cycle